

WELCOME

Toddlers' Classroom — 12–20 Months Orcas



Faith Daycare & Learning Center
Anchorage • Alaska

Welcome to the Toddler Classroom!

Items you will need to know...

1. Toddlers are no longer given bottles in class.

- a. Because I am growing up I am drinking out of a sippy cup for all of my drinks. You will notice my milk consumption goes way down since I am getting most of my nutrition from the food I eat. I have milk (about ½ cup) at lunch and at breakfast. For snack I will either have water or milk.

2. Pacifiers and sippy cups

- a. Pacifiers hinder my talking ability so I only use it when I sleep. I want to learn to talk well so I can talk your ears off as quickly as possible!
- b. I may bring my own personal sippy cup. Please make sure it is only filled with water and labeled with child's name.

3. Toddlers go outside daily* (Unless it is below 10 degrees or other weather hindrances, moose, etc.)

- a. I need hard-soled shoes for the classroom and outside. I also need winter gear for going outside (boots, snow pants, coats, hats and gloves). Mom and Dad, make sure my boots have a hard sole on them since I will be walking outside. My gear needs to be labeled so my teachers know what is mine. (I'm not much help keeping track of my stuff.)

4. Toddlers take one nap a day.

- a. I lay down around 12:15–12:30 and sleep until 2:30. I like to be covered with a blanket when I sleep, so please send me with a light blanket for my nap. My new class keeps me busy the rest of the day so I need to make sure I sleep during this time. Please make sure I get up early enough in the morning that I am ready to lay down and sleep during nap time. I would hate to be cranky because I did not get any sleep. Arriving by 10-10:30 lets me play with my friends before I eat and take a nap.

5. Meal times are no longer flexible.

Breakfast is served at 8:30 and ends at 9, but if you would like me to eat breakfast here, please have me at school before 8:50 to give me enough time to eat. Lunch is at 11:30 and snack is at 2:30. Both of these meals require me to be there by ten minutes before the hour so I have time to eat before clean-up time.

6. Ratio changes to 1 teacher per 5 toddlers.

- a. Because I am learning to listen and follow directions and do things on my own, I do not need as many teachers to watch over me. Now I have two teachers to take care of me and my nine friends.

7. Extra Clothes

- a. Please always have an extra set of clothes and shoes for me to change into in case I have an accident or I get wet or dirty from playing outdoors.

8. Drop off

- a. If I come before 8AM everyone meets together in the Puffins room
- b. If I come after 8AM I can be dropped off in my room

9. Fridays

- a. Please remember that all my gear needs to go home every Friday including paperwork in my folder.

Biting information

Dear Parents,

Our hope and goal is to keep our older babies, toddlers and twos from biting. Now that we have presented this unrealistic goal, we now need to discuss what happens when biting occurs.

Information regarding biting and other aggressive physical aggression:

The reasons listed below cause ALL toddlers to hit, push, take toys away from others, or bite.

- Lack of language development
- Frustration
- Mimicking
- Family stress
- Satisfying the need for oral stimulation
- Communicating the need for personal space
- Cause and effect
- Sickness
- Over-Stimulation

Although biting is developmentally appropriate for young children, it is not acceptable behavior and we will do everything we can to stop it, just as we attempt to stop hitting and pushing. When a child bites, it is very upsetting to parents to see such a nasty bruise as well as teeth marks or broken skin. It is also upsetting to the parents of the biting child since they are somewhat helpless to fix the problem and they feel compassion for the children their child is biting. Biting is an aggressive behavior that is very hard to deal with for all parties involved and one that is not resolved quickly.

As professionals, we will not disclose to parents which children are biting. This does not improve the situation and quite often, it makes the situation worse. Please do not ask the staff if they will tell you who bit your child.

Our teachers work to give the children appropriate items (chew toys) on which they can bite when they are having biting periods. We also watch what is happening in the classroom to determine if we have certain toys which are coveted and cause biting or times of the day when biting is more prevalent. If we see a pattern, then we can address those specific situations. There may be times when we will separate a child who bites from the other children to give him/her their own personal space and protect the other children when biting is happening several times a day. We will tell a child who bites in a stern voice, "No Bite," and the child will sit down for a time out. Our goal is to be proactive in stopping an opportunity to bite before it happens but also to address the inappropriate behavior with words and a time out if a bite happens.

If your child is biting at the Center, then the possibility exists the child may be biting at home, especially if there are other siblings. If your child bites at home, we ask for your assistance in addressing bites at home. Aggressive behavior, such as biting, needs consistent boundaries both at home and the Center.

If your child has been bitten, we will wash the area with soap and water. We will apply an ice pack if needed or apply a Band-Aid if needed. We will comfort your child. An incident report will be written to the parents of the child who has been injured and to the parents of the child who bit.

Rarely would we ask a parent to find other care for his/her child when biting occurs during these early years. A child at this age does not have the understanding and control to stop this behavior on his/her own. The good news: they do grow out of this stage. Please know that we are doing everything to stop bites from occurring and want success for every child who attends here.

Faith Daycare & Learning Center

A Ministry of Faith Christian Community

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Toddler Room Goals



Run, Hop, Jump

Touch Toes

Eat with a spoon

Color with Crayons

Paint with a paint brush

Stack three blocks

Know major facial and body parts

Identify some animals and their sounds

Use two-word sentences

Respond to his/her name

(These are goals and not requirements)

Getting to Know Me!

It's helpful for a teacher to have good information about a child as they start at our learning center. Please complete this information so we can help them feel comfortable and acclimate to their new surroundings.

My Name: _____

My Birth Date: _____

My Parent's Names: _____

Allergies, if any: _____

My Eating Habits: _____

My Potty Habits: _____

My Favorite Toy or Activity: _____

How Do I Usually Nap: _____

What Comforts Me: _____

What Upsets Me: _____

Anything else you think my teacher would like to know about me: _____
